

Ride Leader pre-ride meeting checklist












Suggested things to review

1. Welcome riders & introduce yourself and sweep rider
2. Outline itinerary for the day. Review route and stops
3. Pass out directions & maps for those who don't have them
4. Talk about staggered formation basics and likely single file conditions on the route
5. Review the hand signals you may use during the ride & remind riders to pass them along in the formation
6. Go over how to handle group separations
7. Check that everyone has a full gas tank and ask if anyone's bike will need gas in a shorter distance than you have planned for the fuel stops
8. Go over the pace for the ride
9. Ask if there are any new riders, or new to group riding riders – place them up front, behind and to the right of you, the ride leader
10. If there are trikes or sidecar rigs position them in the group - sidecars up front, and trikes in the rear. Remind all riders that these bikes have the whole lane; they do not ride staggered formation
11. Remind all riders to “Ride your own ride” – “You are responsible for your safety”
12. Questions?
13. Ride safe and have FUN!

A large group ride pre-ride meeting held by an experienced ride leader



Review the Hand Signals you will use on the ride

<p>Left Turn – arm out straight</p> 	<p>Right Turn – arm bent up</p> 	<p>Road Hazards – point with hand (left) or foot (right)</p> 	<p>Moving Hazard on right – finger pointing, hand over head</p> 
<p>Single File – arm & finger straight up</p> 	<p>Staggered Formation – arm & two fingers straight up</p> 	<p>Slow Down – palm down, move extended arm up and down</p> 	<p>Speed up – palm up, move extended arm up and down</p> 
<p>Need Fuel – pointing to gas tank</p> 	<p>Need Refreshment – thumb to mouth</p> 	<p>Turn Signal on – open and close hand over head</p> 	<p>Tighten formation to standard 2 sec. & 1 sec. – arm extended with sweeping motion forward</p> 